

-Side One-

MYERS-BRIGGS COGNITIVE STYLE INVENTORY – Shortened Version

*Quickly select the one, most accurate, characteristic from each of the four boxes below.

*Your four-letter Myers-Briggs personality type: _____, _____, _____, _____.

E or I S or N T or F J or P

<p>Extraverted Characteristics (E)</p> <ul style="list-style-type: none"> • Act first, think/reflect later • Feel deprived when cutoff from interaction with the outside world • Usually open to and motivated by outside world of people and things • Enjoy wide variety and change in people relationships 	<p>Introverted Characteristics (I)</p> <ul style="list-style-type: none"> • Think/reflect first, then Act • Regularly require an amount of "private time" to recharge batteries • Motivated internally, mind is sometimes so active it is "closed" to outside world • Prefer one-to-one communication and relationships 	<p>Sensing Characteristics (S)</p> <ul style="list-style-type: none"> • Mentally live in the Now, attending to present opportunities • Using common sense and creating practical solutions is automatic-instinctual • Memory recall is rich in detail of facts and past events • Best improvise from past experience • Like clear and concrete information; dislike guessing when facts are "fuzzy" 	<p>Intuitive Characteristics (N)</p> <ul style="list-style-type: none"> • Mentally live in the Future, attending to future possibilities • Using imagination and creating/inventing new possibilities is automatic-instinctual • Memory recall emphasizes patterns, contexts, and connections • Best improvise from theoretical understanding • Comfortable with ambiguous, fuzzy data and with guessing its meaning.
<p>➤ Choose Which best fits:</p> <ul style="list-style-type: none"> <input type="radio"/> Extraversion (E) <input type="radio"/> Introversion (I) 		<p>➤ Choose Which best fits:</p> <ul style="list-style-type: none"> <input type="radio"/> Sensing (S) <input type="radio"/> iNtuition (N) 	
<p>Thinking Characteristics (T)</p> <ul style="list-style-type: none"> • Instinctively search for facts and logic in a decision situation. • Naturally notices tasks and work to be accomplished. • Easily able to provide an objective and critical analysis. • Accept conflict as a natural, normal part of relationships with people. 	<p>Feeling Characteristics (F)</p> <ul style="list-style-type: none"> • Instinctively employ personal feelings and impact on people in decision situations • Naturally sensitive to people needs and reactions. • Naturally seek consensus and popular opinions. • Unsettled by conflict; have almost a toxic reaction to disharmony. 	<p>Judging Characteristics (J)</p> <ul style="list-style-type: none"> • Plan many of the details in advance before moving into action. • Focus on task-related action; complete meaningful segments before moving on. • Work best and avoid stress when able to keep ahead of deadlines. • Naturally use targets, dates and standard routines to manage life. 	<p>Perceiving Characteristics (P)</p> <ul style="list-style-type: none"> • Comfortable moving into action without a plan; plan on-the-go. • Like to multitask, have variety, mix work and play. • Naturally tolerant of time pressure; work best close to the deadlines. • Instinctively avoid commitments which interfere with flexibility, freedom and variety
<p>➤ Choose Which best fits:</p> <ul style="list-style-type: none"> <input type="radio"/> Thinking (T) <input type="radio"/> Feeling (F) 		<p>➤ Choose Which best fits:</p> <ul style="list-style-type: none"> <input type="radio"/> Judging (J) <input type="radio"/> Perceiving (P) 	

*See side two for "Myers-Briggs Personality Types and Related Careers"

-Side Two-

Myers-Briggs Personality Types and Related Careers

For more complete information, please see www.careertest.net

<p>ISTJ management accounting auditing efficiency expert engineer geologist bank examiners organization development electricians dentists pharmacist school principals school bus drivers file clerk stock broker legal secretary computer operator computer programmer technical writer chief information officer police officer real estate agent</p>	<p>ISFJ counseling ministry library work nursing secretarial geologist bookkeepers dental hygienists computer operator personnel administrator paralegal real estate agent artist interior decorator retail owner musician elementary school teacher physical therapist nurse social worker personnel counselor alcohol/drug counselor</p>	<p>INFJ career counselor psychologist educational consultant special education teacher librarian artist minister playwright novelist/poet editor/art director information-graphics...designer HRM manager merchandise planner environmental lawyer marketer job analyst mental health counselor dietitian/nutritionist research educational consultant architects interpreter/translator</p>	<p>INTJ management consultant economist scientist computer programmer environmental planner new business developer curriculum designer administrator mathematician psychologist neurologist biomedical researcher strategic planner civil engineer intellectual properties attorney designer editor/art director inventor informational-graphics...designer financial planner judge</p>	<p>ESTJ government employee pharmaceutical sales auditor computer analyst technical trainer project manager officer manager factory supervisor credit analyst electrical engineer stockbroker regulatory compliance...officer chief information officer construction worker general contractor paralegal industrial engineer budget analyst data base manager funeral director cook security guard dentist</p>	<p>ESFJ nurse social worker caterer flight attendant bookkeeper medical/dental assistant exercise physiologist elementary school teacher minister/priest/rabbi retail owner officer manager telemarketer counselor special education teacher merchandise planner credit counselor athletic coach insurance agent sales representative massage therapist medical secretary child care provider bilingual education teacher professional volunteer</p>	<p>ENFJ entertainer recruiter artist newscaster writer/journalist recreation director librarian facilitator politician psychologist housing director career counselor sales trainer travel agent program designer corporate/team trainer child welfare worker social worker (elderly...services) interpreter/translator occupational therapist executive: small business alcohol/drug counselor sales manager</p>	<p>ENTJ program designer attorney administrator office manager chemical engineer sales manager logistics consultant franchise owner new business developer personnel manager investment banker labor relations management trainer credit investigator mortgage broker corporate team trainer environmental engineer biomedical engineer business consultant educational consultant personal financial planner network integration...specialist media planner/buyer</p>
<p>ISTP surveyor fire fighter private investigator pilot police officer purchasing agent chiropractor medical technician securities analyst computer repair person race car driver computer programmer electrical engineer legal secretary coach/trainer commercial artist carpenter paralegal dental assistant radiological technician marine biologist software developer</p>	<p>ISFP bookkeeper clerical supervisor dental assistant physical therapist mechanic radiology technologist surveyor chef forester geologist landscaper designer crisis hotline operator teacher: elementary beautician typist jeweler gardener potter painter botanist marine biologist social worker</p>	<p>INFP information-graphics...designer college professor researcher legal mediator social worker holistic health...practitioner occupational therapist diversity manager human resource...development specialist employment development...specialist minister/priest/rabbi missionary psychologist writer/poet/novelist journalist editor/art director organizational development...specialist</p>	<p>INTP strategic planning writer staff development lawyer architect software designer financial analyst college professor photographer logician artist systems analyst neurologist physicist psychologist research/development...specialist computer programmer data base manager chemist biologist investigator</p>	<p>ESTP real estate broker chef land developer physical therapist stock broker news reporter fire fighter promoter entrepreneur pilot budget analyst insurance agent management consultant franchise owner electrical engineer aircraft mechanic technical trainer EEG technologist radiological technician emergency medical tech. corrections officer flight attendant</p>	<p>ESFP veterinarian flight attendant floral designer real estate agent child care provider social worker fundraiser athletic coach musician secretary receptionist special events producer teacher: preschool teacher: elementary emergency room nurse occupational therapist exercise physiologist team trainer travel sales public relations specialist waiter/waitress labor relations mediator</p>	<p>ENFP conference planner speech pathologist HR development trainer ombudsman clergy journalist newscaster career counselor housing director acting sales musician/composer artist information-graphics...designer human resource manager politics advertising account manager dietitian/nutritionist speech pathologist massage therapist editor/art director</p>	<p>ENTP systems designer venture capitalist actor journalist investment broker real estate agent real estate developer strategic planner political manager politician special projects developer literary agent restaurant/bar owner technical trainer diversity manager art director personnel systems developer computer analyst logistics consultant outplacement consultant advertising creative director radio/TV talk show host</p>

Instructions:

*Identify the box containing your four-letter Myers-Briggs personality type.

*Check one or more careers listed which you are, or may be, interested in.

*For detailed descriptions of all careers see: Occupational Outlook Handbook – www.bls.gov/oco

or

O*Net - www.onetonline.org